

Sizes for everyone!

From the smallest children's size to the largest adult, Fruit of the Loom makes garments for everyone. There are two different cuts for men/unisex styles (classic and fashion fit, see opposite), and while our kids' styles can also be worn as unisex, some also feature a specific girls' fit too.

All our measurements are based on actual "to fit body" sizes, and are not the garment measurements. For example, a Fruit of the Loom Polo with a chest-to-fit size of 92-97cm/36-38" will fit someone with those chest measurements. Similarly, jog pants with a to-fit-waist measurement of 86cm/34" is designed for somebody with those body waist measurements.

And the great news? Whichever fits and sizes you choose – both kids and adults – colours match across the collection. So for times when that's important to you, everyone can wear the exact same shade.



Men

	S	M	L	XL	2XL	3XL	4XL	5XL
Chest (inches)	35"-37"	38"-40"	41"-43"	44"-46"	47"-49"	50"-52"	53"-55"	56"-58"
Chest (cm)	89-94cm	96.5-101.5cm	104-109cm	112-117cm	119.5-124.5cm	127-132cm	134.5-139.5cm	142-147cm
Collar (inches)	14.5"-15"	15.5"	16"-16.5"	17"-17.5"	18"	18.5"-19"	-	-
Collar (cm)	37-38cm	39-40cm	41-42cm	43-44cm	45-46cm	47-48cm	-	-
Waist (inches)	32"	34"	36"	38"	40"	-	-	-
Waist (cm)	81cm	86cm	91.5cm	96.5cm	101.5cm	-	-	-

Ladies

International	XXS	XS	S	M	L	XL	2XL	3XL
UK	6	8	10	12	14	16	18	20
Europe	32	34	36	38	40	42	44	46
France	34	36	38	40	42	44	46	48
Italy	38	40	42	44	46	48	50	52

Kids

Age	1-2	2-3	3-4	5-6	7-8	9-11	12-13	14-15
Height (cm)	92cm	98cm	104cm	116cm	128cm	140cm	152cm	164cm

Classic or fashion?

You choose your look

Across our T-Shirt collection we use two different fits for our adult men's/unisex styles. Our Valueweight, Original, Super Premium, Heavy, Iconic 195 Ringspun Premium T and Iconic 150 Long Sleeve T's are all cut in a Classic Fit: a little roomier in the body and around the shoulders and arms.

For a more fitted look, choose our fashion fit styles – check out our short-sleeve Baseball, Ringer, Iconic 150 and Iconic 150 V-Neck Ts. These are cut slimmer in the body, a little shorter, more fitted in the sleeves and around the shoulders with a narrower neck rib depth; simply choose the fit that works best for the look you want.

Our more relaxed
Classic Fit



Our slimmer, tailored
Fashion Fit



Find out more about Fruit sizing and fits.